



Five County
Association of Governments



NEWSLETTER

JAN, FEB, MARCH 2026

Your Source for
News, Resources,
Tips and Tricks,
Everything Early
Childhood!

CONNECTED IN CARE

SAVE THE DATE!



APRIL 10TH & 11TH, 2026

SOUTHERN UTAH
UNIVERSITY

Funded by Department of Workforce Services, Office of Child Care through the Child Care and Development Block Grant

Early Bird
registration coming in
January 

This year earn CEU's
Friday night learning
and western fun!



The Cedar City office will now
be located at
[2344 West Industry Way](https://www.fivecounty.utah.gov/2344-West-Industry-Way)

Carlene and Nathan
are still here for you!
435-586-8722

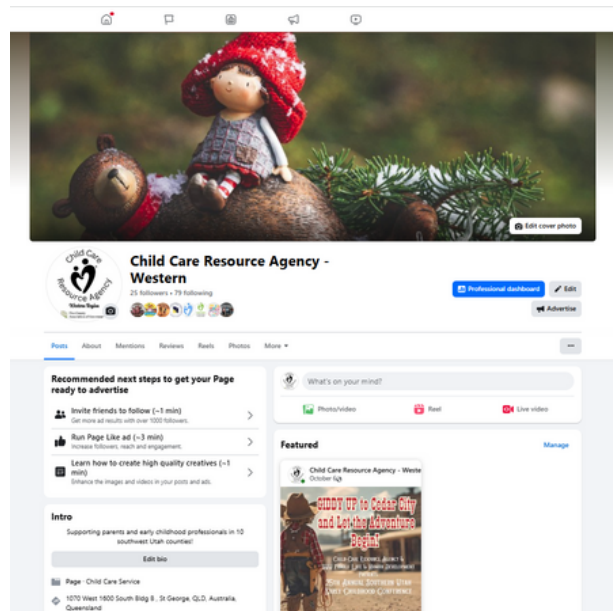
nreeves@fivecounty.utah.gov
chanson@fivecounty.utah.gov

On our NEW Facebook page...



We post everything from licensing updates to classroom ideas and professional development opportunities!

Find us HERE!



Annual Reporting:
Immunization Reports are
due January 30th, 2026

UTAH SCHOOL IMMUNIZATION RECORD

This record is part of the statewide immunization information system (IIS) as defined in Section 26A-4-301 of the Utah State Code and shall contain all information required by the state to track immunization status. It is the responsibility of the parent/guardian to ensure that this information is accurate and up-to-date.

Student Name: _____ Gender: ☐ Male ☐ Female State of Birth: _____
 Date of Birth: _____ Student ID Number: _____

Vaccine	Date	Location	Notes
MM, MR, MMR, MMRV			
DTaP, DTaP-IPV, DTaP-IPV/Polio			
Polio (IPV or OPV)			
Hemophilus influenzae type b (Hib)			
Pneumococcal			
Measles, Mumps, and Rubella (MMR)			
Measles, Mumps, and Rubella (MMR2)			
Varicella (Chickenpox)			
Varicella (Chickenpox) - Second Dose			
Hepatitis A (HepA)			
Hepatitis B (HepB)			
MM, MR, MMR, MMRV			

Authorized Signature: _____ Date: _____
 (Note: Signature is the signature of the parent/guardian or the Utah School Immunization Record (IIS) agent for the record.)



NEWS: FROM THE OFFICE OF CHILD CARE

As of July 2023, the Department of Workforce Services (DWS) requires all licensed center and licensed family providers to use an approved electronic tracking system and record their system of choice in the DWS Provider Portal.

Effective March 1, 2026, the **Arise** attendance system will no longer be available for use. Arise has been a free option for providers to use. All licensed center and licensed family providers will be required to transition to an alternate attendance tracking system that complies with DWS requirements.

The Office of Child Care is currently exploring options for providers to submit verification of child's attendance upon request. Our priority is to develop and implement this requirement in a way that minimizes the administrative burden on providers.

If you have any questions or concerns about a system's compliance with these requirements, please reach out to the Office of Child Care Provider Helpline through email at occ@utah.gov or by calling the message line at 866-435-7414 (select option 1, then option 3, then option 1).

FINGERPRINTING GRANT AVAILABLE

CHILD CARE RESOURCE AGENCY OFFERS A GRANT TO SUPPORT FINGERPRINT COSTS FOR LICENSED CHILD CARE CENTERS AND FAMILY CHILD CARE PROGRAMS. THIS GRANT WILL COVER ANY ADDITIONAL COSTS THE LOCATION CHARGES TO PROCESS THE FINGERPRINTS. THIS GRANT DOES NOT INCLUDE BACKGROUND SCREENING COSTS INCURRED, SUCH AS FEES CHARGED BY CHILD CARE LICENSING. THE GRANT APPLICATION CAN BE FOUND AT WWW.CHILDCAREHELP.ORG

PAYMENTS SHOULD BE RECEIVED BY MAIL WITHIN 2-6 WEEKS FROM COMPLETION OF THE GRANT FORM
ALL DOCUMENTATION MUST BE MAILED TO
CHILD CARE RESOURCE AGENCY 585 NORTH MAIN ST. SUITE 1
CEDAR CITY, UT 84721



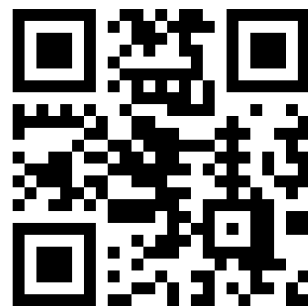
UTAH WOMEN & LEADERSHIP
Project

Moving Mountains for **Utah Women.**

The mission of the Utah Women & Leadership Project (UWLP) is to strengthen the impact of **Utah girls and women**. We serve Utah and its residents by 1) producing relevant, trustworthy, and applicable research; 2) creating and gathering valuable resources; and 3) convening trainings and events that inform, inspire, and ignite growth and change for all Utahns.

The UWLP was founded in 2009 by Dr. Susan R. Madsen, who leads this work as part of her faculty position at Utah State University.

Scan for website
and to subscribe to
the newsletter!



Early Childhood Mental Health Consultation

Teresa Newlan, IMH-E®

Early Childhood Mental Health Consultant



Welcome to Early Childhood Mental Health Consultation

I am looking forward to collaborating as I begin working with you in your program. Our goal is to build on what you already know and continue to promote nurturing, responsive practices in supportive early childhood settings. My role is to support you with tools and resources that will increase your capacity to facilitate the healthy social emotional growth of the children and families in your care.

Meet Your Mental Health Consultant

My name is Teresa Newlan. I am the regional consultant for Southern Utah. I began my career in Early Childhood Education in 1999. I have had the opportunity to teach young children in Montessori, Head Start, and State Preschool settings. I have also supported other professionals through coaching, training, and mental health consultation. I have developed a passion for supporting children, families, and caregivers, which I am fortunate to do in my work as an Early Childhood Mental Health Consultant. I am looking forward to the opportunity to support you in your role!

What This Looks Like:

- We will work together (guided by your goals) for 4-6 months at NO COST
- Onsite consultation, feedback and reflection, modeling, and professional development
- Providing guidance on strategies for promoting children's social/emotional development and staff wellness
- Building positive relationships with children, families, staff/colleagues, and yourself

Remember:

- Consultants are "part of your team," helping to ensure that the program services best meet children's needs
- Consultation does not mean that staff are not doing their job well
- Consultants are not here to "fix" children, but rather to partner with staff to help support a strength-based approach
- Consultants are available to staff and ready to respond to questions and requests within our professional capacity



801.578.2374



tnewlan@tccutah.org



childrenscenterutah.org



Funded by the Department of Workforce Services, Office of Child Care through the Childcare and Development Block Grant.



FAST TRACK CDA

This document is produced with funding from the Department of Workforce Services, Office of Child Care through the Child Care and Development Block Grant

BY APRIL 2026

**YOU COULD
HAVE YOUR
CDA!**

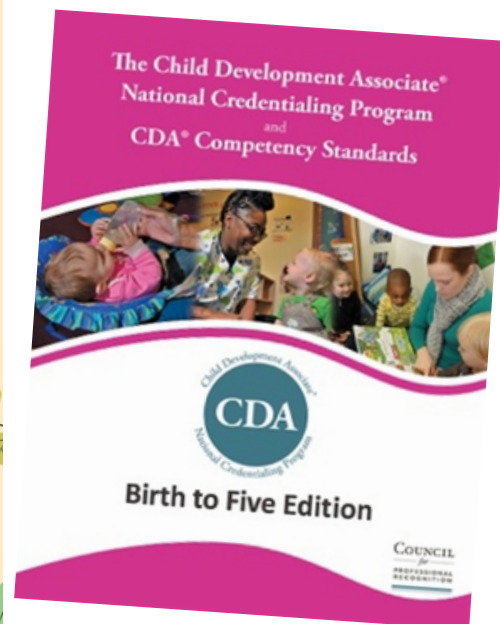


**YOUR NAME
HERE**

**OUR FAST TRACK
COHORT WILL RUN JAN-
APRIL 2026
SCAN THE CODE FOR
DETAILS!**



**CCRA WESTERN WILL PAY
FOR THE ENTIRE COST OF
EARNING YOUR CDA,
FROM COURSES TO
APPLYING!**



**Ask us about the
new Birth-5
Credential!**

**COUNCIL
for
PROFESSIONAL
RECOGNITION**



Congratulations!

Jordyn Peacock - Preschool

Samantha Solo - Preschool

Holly Iverson - Preschool

CONTACT:

MELISSA BROWN

MBROWN@FIVECOUNTY.UTAH.GOV

435-628-4843



**Important:
to Upload your CDA Certificate!**

CPR/First Aid Training

Beaver County: Milford Valley Hospital
435-387-2411 ext. 4

Garfield County: Garfield Memorial Hospital
435-676-5496

Iron County: Valley View Medical Center
435-868-5496

Millard County: Brandon Woods
801-920-5548

Sanpete County: Gunnison Valley Fire Dept
435-813-2572
Gunnison Valley Hospital
435-528-2156

Sevier County: Central Utah Public Health
EMS/Emergency Management
435-893-9166

Washington County: Dixie Applied Tech College
435-674-8641
Claudia Zundel
435-467-9556
Ridgeview CPR Patty Hanson
435-862-8965
EMS Safety Cheryl Ashcraft
435-229-5086
The Pulse CPR Training
435-632-5066
Southern Utah CPR
435-619-1931

Wayne County: Wayne County Health Dept.
435-836-1316

Fingerprinting locations by county

Beaver County Beaver County School District 435-438-2291

Iron County Iron County Sheriffs office - 435-867-7500

Kane County Kane County Sheriff's office- 435-644-4916

Sanpete North Sanpete School District- 435-462-2485
South Sanpete School District- 435-835-2261

Sevier County Central Utah Educational Services-
435-896-4469

Washington County Utah Tech University EMS Dept-
435-879-4951
YUP Fingerprinting- 435-359-3151

Wayne County Wayne County School District- 435-425-3813



SCAN ME

GET ON THE
LIST FOR
EMERGENCY
ALERTS IN
YOUR COUNTY!



TOPIC OF THE MONTH: YOUR DISASTER KIT

The Point

You are a unique person with unique needs and abilities. Your personal preparedness plans should be as well. Do you have allergies? Vision or hearing impairment? Special medication? Other issues unique to you? You need to have plans and supplies to meet those needs before the emergency starts.

What tools and supplies do you need to be happy, healthy, and comfortable in an emergency situation? Do you have medical training that requires specific medical tools? What tools do you have in your vehicles and do you know how to use them? Think about where you spend time, what skills you have, and what tools and supplies you will need to "be ready" during difficult times.

Do This

- Customize you and your family members' **disaster supply kits** to meet your own and their own personal needs.
- Have an assortment of hand tools, equipment, and other supplies that will be useful in an emergency situation. Learn how to safely use and maintain them.
- Add personal items to your home emergency supplies according to you and your family members' needs and abilities.
- Create a prioritized emergency "**grab list**" of important items and tools that do not fit in your disaster supply kit. Most important items first.
- BONUS: Get spare parts for your emergency tools and learn how to make repairs.

Scan the code below for the latest code of conduct for online courses



Office of Child Care Policy



WORKFORCE
SERVICES
CHILD CARE

Professional Development System Participant Code of Conduct for Career Ladder Approved In-Person Child Care Resource Agency Courses

Punctuality/Attendance: I understand that I must be in class at or before the time scheduled for class to begin in order to obtain credit for the class. If I arrive after the time class is scheduled to begin, I may be able to use the time I was in attendance for other training credit, but I will have to repeat the full session to receive Career Ladder credit for the course. This includes returning on time from breaks and lunch. Class will begin when the instructor determines it is time to start. I understand that if I am not present during the entire class session, I will not receive Career Ladder credit for the session and will have to repeat the session in order to receive credit.

Disruptive Behavior: I will be respectful to all personnel that support the Professional Development System including Child Care Resource Agency (CCRA) staff, Utah Registry for Professional Development (URPD) staff and Office of Child Care (OCC) staff. I will not use obscene, profane, threatening, discriminatory, harassing or abusive language. During class, I will be respectful to the instructor and others in attendance during each class session. I will not engage in any conversation or behavior that is disruptive or disrespectful to the instructor or other participants in the class. I will attentively participate in class. I understand that I am required to turn my cell phone and/or other electronic devices off or turn them to vibrate during class time and limit use to educational purposes (e.g. taking notes or pictures of activities). I will not text message or make cell phone calls during class time. I will limit texts and calls to break time or before or after class. I will not engage in disruptive private conversations during class time. If I must bring food or drink to class, I will eat quietly and will not allow food or drink to become disruptive or distracting to the instructor or other class participants.

Illegal Activity/Health & Safety: I understand that any illegal activity, including behavior that threatens the health or safety of the instructor or other participants before, during or after class will be cause for my immediate expulsion from class, and my privilege to participate in CCRA courses and receive financial support and incentives from the Utah Registry for Professional Development (URPD) may be permanently revoked. I understand that such behavior may be cause for intervention by law enforcement and/or other legal action. I understand that I may be asked to leave a class if my condition prevents me from participating or is disruptive to the class environment.



WORKFORCE
SERVICES
CHILD CARE

ult learning environment and minimize
I understand that due to certain host
g, the instructor may make exceptions for
course, as long as the infant is not

ve credit for each class session, it is my
roll before class begins. I understand
ng credit for the class session. I
one else.

y is extremely important. I understand
information confidential when I am
ce regarding certain issues. I also
nsitive issues discussed during class
ends outside of the classroom setting.

s are non-refundable. I understand
of three days in advance that I am
d, my registration fee may be able to
and that it is my responsibility to
angements.

to request an accommodation, I
attend directly. The host agency
e details, under

Upcoming Courses

January 2026

Virtual-Foundational Theories of
Child Development

Jan. 5, 7, 12, 14

Virtual- Infant Toddler, Course 3:
Social and Emotional Development

Jan 26, 27, 28, 29

February 2026

Virtual-Learning to Get Along:
Social & Emotional Development

Feb. 2, 4, 9, 11

Virtual-Working Together:
Productive Relationships with
Families

Feb. 3, 5, 10, 12

Virtual-CCQS: From Application
to Award for Center

Feb. 17, 24, March 3

March 2026

Virtual-A Powerful Profession:
Professionalism for Early Childhood
Educators

March 23, 25, 30, April 1

Signing up for Professional Development Classes:

Log into your Care About Childcare profile
and click on "Professional Development",
then select the "Course Calendar"

You can search by
date, county, the
organization doing
the training, or
other options here:

1

2

Add classes to your
cart like before... if
there's no cart,
class is full.

3

You can choose "Self Pay" or
"Program Pays" if your program is
funding your classes.

4

Proceed to payment or wait for
your program to approve. You're
done!

**OUR CLASSES COVER A RANGE OF
SUBJECTS, COUNT FOR CDA AND
CAREER LADDER CREDIT, AND ARE
MOSTLY ONLINE! THAT MEANS
YOU CAN TAKE CLASSES WITH ANY
CAC AGENCY ACROSS THE STATE!**

Course Cancellation Policy

All classes will be held as advertised unless canceled for the following three reasons:

- 1) Low enrollment, if enrollment is below 10 participants the class will be cancelled, and vouchers/refunds will be given to all participants who have enrolled in the class.
- 2) Instructor is unable to attend the class, we will make every effort to replace the instructor with an equally qualified replacement instructor in a timely manner. If no instructor is available, we will reschedule that portion of the class.
- 3) If inclement weather causes a dangerous travel situation for providers to attend a face-to-face class, we will reschedule the class on the next available date.

In all the above-mentioned situations Care About Childcare-Five County staff will notify providers by text, email, and phone calls that the class has been rescheduled and/or canceled. Additionally, a sign will be posted for face-to-face classes at the location where the class was to be held.