Tender Times

Quarterly Newsletter June, July, August 2023

Happy Summer

I want to take a moment to thank each of you for attending our Southern Utah Early Childhood Conference. We have received so many wonderful comments and had as much fun as you did. I also want to thank each presenter, vendor, and those that did such a great job showing us how to put together learning stations. If you have any suggestions for next year, please let us know.

Our new fiscal year starts July 1 and so does the new CDA Cohorts. If you are interested see page 8 to get started. This year has been so successful we want to do it again!

My biggest Summer thought:"Play gives children a chance to practice what they are learning"-Fred Rodgers.
So let children play, make choices and explore as much as they want!

CAC Five County St George

1070 W. 1600 S. Bldg B
St George, Utah 84770
435-628-4843

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Pam Reclosado	EC Specialist
Melissa Brown	CDA Specialist
Tiffany Raban	EC Specialist

CAC Five County Cedar City

1585 N. Main Suite I
Cedar City, Utah 84720
435-586-8722

Carlene Hanson	CCQS Specialist
Nathan Reeves	Data Specialist

CAC Five County Richfield

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Richfield, Utah 84701
435-201-3737

Stephanie Mikesell	Training Supervisor
Megan Westenskow	Family CC Specialist
Sharmi Crowther	Training Support

This document is produced with funding from the Department of Workforce Services, Office of Child Care through the Child Care and Development Block Grant

ollow us on Facebook!

for licensing & training updates, classroom activities, and more!

Fingerprinting Grant Now Available

We are excited to announce that we have now offer a grant in support of fingerprint costs for licensed child care centers and licensed family child care programs.
This grant will cover any additional costs the location charges to process the fingerprints. This grant does not include background screening costs incurred, such as fees charged by Child Care Licensing.

The grant application can be found on our website www.childcarehelp.org

Payments should be received by mail within 2 to 6 weeks from completion of the grant form.

All documentation must be mailed to:
Care About Childcare-Five County
585 North main Suite 1 Cedar City, UT 84721
or email to nreeves@fivecounty.utah.gov.

The Children's Center Utah provides the following services for child care providers in Utah:

- Consultation Services- to your program, with our own contact for Southern Utah.
- Free Webinars on Early Childhood Topics relating to mental health.
- Utah Early Childhood Mental Health Summit every November.

Southern Utah's Contact: Seini Namuaira
snamuaira@tccutah.org
435-216-6842

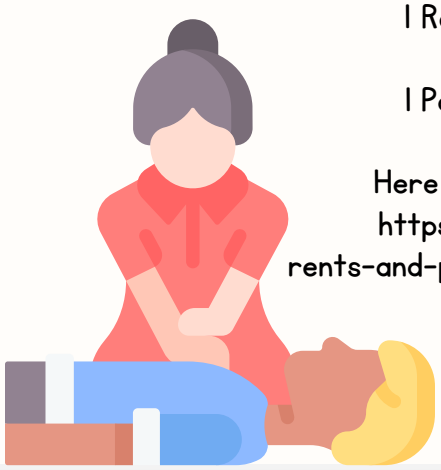
The Children's Center Utah — Celebrating 60 Years — where hope and healing happen

Utah Department of Health & Human Services
Licensing & Background Checks

Child Care Licensing Updates:

childcarelicensing.utah.gov

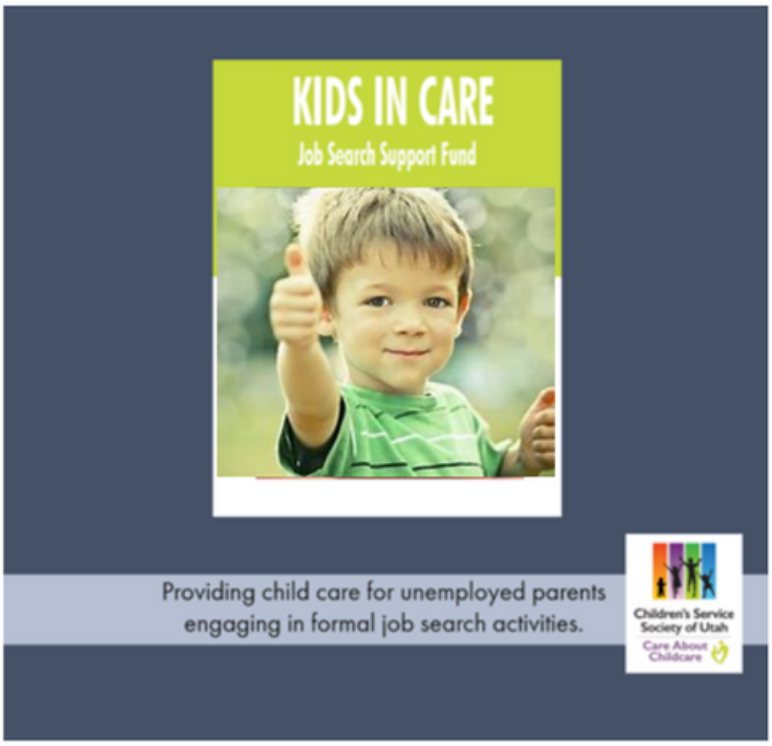
- CCL is now sending a monthly newsletter to help keep providers updated. This is exciting and will hopefully have a positive response from the community.
- The Child Care Provider Licensing Committee has vacancies if anyone is interested:
  2 Licensed Family providers
  1 Residential Certificate provider
  1 Health Care provider
  1 Parent of a child in home based care.
  Here is the link for more information
  https://childcarelicensing.utah.gov/parents-and-public/child-care-licensing committees/



HANDS-ON CPR REQUIREMENT IS BACK!

Starting July 1st, 2023, all individuals required to have First Aid and CPR certification will need to have the hands-on portion of the CPR training. Providers may wait until current certification needs to be renewed before looking for classes that offer the hands-on component, but new individuals will be required to have the First Aid and CPR certification showing the hands-on component. Please contact CCL if you have questions.

A partir del 1 de julio de 2023, la formación en RCP y primeros auxilios deberá incluir el componente práctico como parte de los requisitos de formación. Proveedores o empleados que están entrenando por primera vez, serán requeridos a tener el componente práctico. Los proveedores y empleados que renueven su formación o certificación después del 1 de julio de 2023 deberán tener el componente práctico.
(June 21, 2023)



The goal of the Kids in Care Job Search Fund is to ensure that recently unemployed parents have access to regulated childcare at no cost while they engage in formal job search activities.
Do you have a parent in your program that could use some help?

Kids In Care is available to pay up to 150 hours of childcare per family.
FREE child care for qualifying families!
For eligibility requirements and an application please contact Abby Jarman at Care About Childcare (A program of Children's Service Society)
Phone: 801-326-4399 KIC@cssutah.org
Kids in Care

Carlene's CCQS Corner

What BEAUTIFUL weather we have been enjoying!

Congratulations to all our Family and Center programs that have received your Quality Rating since our last newsletter!

Wonder and Learn	Richfield
Gunnison Valley Hospital Learning Center	Gunnison
Sorenson Legacy Foundation for Hope	Cedar City
Root for Kids	St George
Dawn Patterson Daycare	Enoch
Flying High Daycare	Hurricane
Dixie Kids	Hurricane
LIttle Leapers	Milford
Discovery Clubhouse	Cedar City
Discovery Clubhouse	St George
Shanda's Daycare	Richfield

We are inviting everyone to join us on the JOURNEY called the "Child Care Quality System"- CCQS! This amazing program still seems unknown to many Center & Family Child Care programs. I have been blessed to have worked in Early Childhood for 40 years. I know all too well how much time & love go into running a childcare program. I also know that the CCQS Journey will benefit your program, your families and MOST of ALL—the children in your program!

So, just as we started CCQS in the very beginning with the Early Rating for Center programs, we will be starting a CCQS Center Cohort for center programs that have not yet applied for their Quality Rating.

This cohort will assist you & your program through the entire framework and will provide coaching opportunities so that you & your program will have the opportunities to gather documents and put systems in place, BEFORE you apply for your Quality Rating! I will be reaching out to Center programs SOON! Watch out for your INVITATION!

And, as always, if you have any questions, send me an email: chanson@fivecounty.utah.gov or call me at 435-632-2195

ASQ Training

Help Me Grow Utah is currently offering regular trainings on the Ages & Stages Questionnaire® Tools. This 6 hour training includes the:

- Ages & Stages Questionnaires®, Third Edition (ASQ®-3)
- Ages & Stages Questionnaires®: Social-Emotional, Second Edition (ASQ®:SE-2)
- ASQ® Online Enterprise System

Trainings are free and open to any agency/individual wishing to offer the Ages & Stages Questionnaires® to the families that they work with. Registration is required.

This training is produced with funding from the Department of Workforce Services, Office of Child Care through the Child Care and Development Block Grant.

WORKFORCE SERVICES CHILD CARE

Statewide Coordinated Developmental Screening System

Information for Providers Celebrate the Stages!

The purpose of the Statewide Coordinated Developmental Screening System is to:

- increase the number of Ages & Stages Questionnaires (ASQ) screenings done in the state of Utah
- avoid duplication of work
- support the strengths of all children
- intervene earlier for those who need extra help

Approved by the Governor's Early Childhood Commission, and through a partnership between the Department of Workforce Services Office of Child Care, the Utah Department of Health and Human Services and many other agencies, ASQ Online accounts will be made available free of charge to providers who agree to be trained and screen the children they serve. Data collected through these online screenings will, with parental consent, be shared to electronic health record systems and the CHARM web portal so that other providers who work with the family can see the developmental screening results and provide appropriate services. This data will also be used as a research tool to inform trainings.

If you would like to learn more about the Ages & Stages Questionnaires and the implementation process in Utah, please visit:

agesandstages.com/ut

WORKFORCE SERVICES
CHILD CARE

Here to **support** the child care profession

Scholarships

Discover scholarships and programs to help you reach your professional goals:

- College tuition reimbursement, CDA, NAC and CCP scholarships, conference sholarships
- Professional development incentives
- FREE membership to Quorum eLearning

Mental health

Together with the Office of Substance Use and Mental Health, we're offering mental health services to qualified child care providers. See if you qualify by **scanning the code** and completing the survey. You will be contacted within three business days.

801-538-3939 • ccmh@utah.gov

Courses

Continue your professional learning and take advantage of Care About Childcare's (CAC) virtual and in-person courses for only **$5** per course! Many courses have recently been rewritten or updated.

Resources

Find information on the Child Care Quality System (CCQS) as well as educational aids including:

- CCQS informational webinars and flyers
- CCQS self-evaluations, grants and awards
- Early childhood partner agencies and organizations
- Early childhood statewide and regional conferences

On the right TRACK

The First five years of a child's life are the most important period of development.

Whether you are an infant, preschool, school age, or other role in your
celebrating the first time they crawl, walk, put together that puzzle, c
These achievements are developmental milestones that mark expected pr d
development:

- Gross motor skills: crawling, jumping, running
- Fine motor skills: picking up a Cheerio, writing, drawing
- Speech and language
- Cognitive and intellectual: counting, identifying shapes
- Social and emotional skills: smiling, playing with other children

Regular screenings can let us know where a child is on the developmental jouney, giving us either reassurance or the chance to detect delays early on. One in 6 children have one or more developmental delays, although these issues can often be improved and possibly eliminated with timely intervention. Simple developmental screenings should be done by parents and caregivers every two months from birth to age two, every three months after that until age three, then every six months until the child is 5 1/2 years old.

There are several screening tools parents and providers can access to help track a child's milestones and identify possible delays. These tools often include suggested play activities that promote the five key areas of development and target any that need improvement. Playing with a child is one of the best ways to help develop cognitive growth, emotional stability, and physical fittness!

*Adapted from "On the right track", by Mindy Bundy, RN
Southwest Utah Public Health Foundation, Spring 2023 Issue

Basic First Aid

Injuries do happen, despite the best prevention efforts. A well-stocked first aid kit is an absolute must in every child care program. Store items in a tightly sealed container within reach of adults, but out of the reach of children. Contents should be arranged in an orderly fashion and restocked after each use.

Suggested Supplies for a First Aid Kit:

- adhesive strip bandages
- sterile gauze squares, 2 to 4 inches
- rolled sterile gauze
- adhesive tape
- elastic wrap (Ace bandage)
- thermometer
- scissors, tweezers and a needle
- triangular bandages (rectangle cloth for sling)
- safety pins
- disposable latex gloves (at least two pairs)
- rubber bulb syringe to rinse out wounds
- sterile eyewash, such as a saline solution
- clean cloth
- liquid hand soap
- cotton-tipped swabs
- antiseptic solution such as hydrogen peroxide or towelettes
- petroleum jelly or other lubricant for body parts stuck in tight places
- small plastic cups
- plastic bags for ice or a commercial cold pack
- plastic bags for disposing of contaminated materials
- first aid handbook
- pen, pencil and note pad
- emergency phone numbers, including a long-distance emergency contact number for parents if they can't be reached locally
- signed emergency release forms for each child in the group

Did You Know...

Utah has a website for disaster preparedness and emergency management! https://dem.utah.gov/

Sign up for emergency alerts in your County to be prepared!

Beaver County- https://public.alertsense.com/SignUp/public.aspx?regionid=1399
Garfield County- https://public.alertsense.com/SignUp/public.aspx?regionid=1388
Iron County- https://www.ironcounty.net/government/departments/emergency-management/citizen-alert
Kane County- https://member.everbridge.net/892807736721500/login
Millard County- https://public.alertsense.com/signup/?regioniD=1568
Sanpete County- https://public.alertsense.com/SignUp/public.aspx?regionid=1248
Sevier County- https://public.coderedweb.com/CNE/en-US/7CCF0BD4F97B
Washington County- https://member.everbridge.net/892807736722285/login

YOUR ROAD TO CDA

Child Development Associate Credential

Work in a Cohort or at your own pace!

In a cohort:

- Work with peers, make new friends and collaborate
- With a set schedule you can be confident you get all the training hours you need
- Homework assignments are designed to go right into your professional portfolio, so by the time cohort classes are complete, your portfolio is also!
- We will guide you through the application, scholarship, and payment process

Work at your own pace:

- You will receive a training plan tailored to your needs and support in finding classes
- Upon completion of 60 hours you will receive your CDA book and professional portfolio at no cost
- We will guide you through the application, scholarship, and payment process

THIS YEARS COHORT

July/August 2023 to

April/May 2024

Contact:

Melissa Brown 435-628-4843

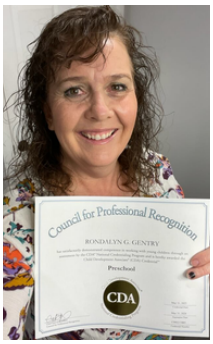
mbrown@fivecounty.utah.gov

Stephanie Mikesell 435-201-3737

This Document is produced with funding from the Department of Workforce Services, Office of Child Care through the Child Care and Development Block Grant.

Congratulations!

ON EARNING YOUR CDA CREDENTIAL!



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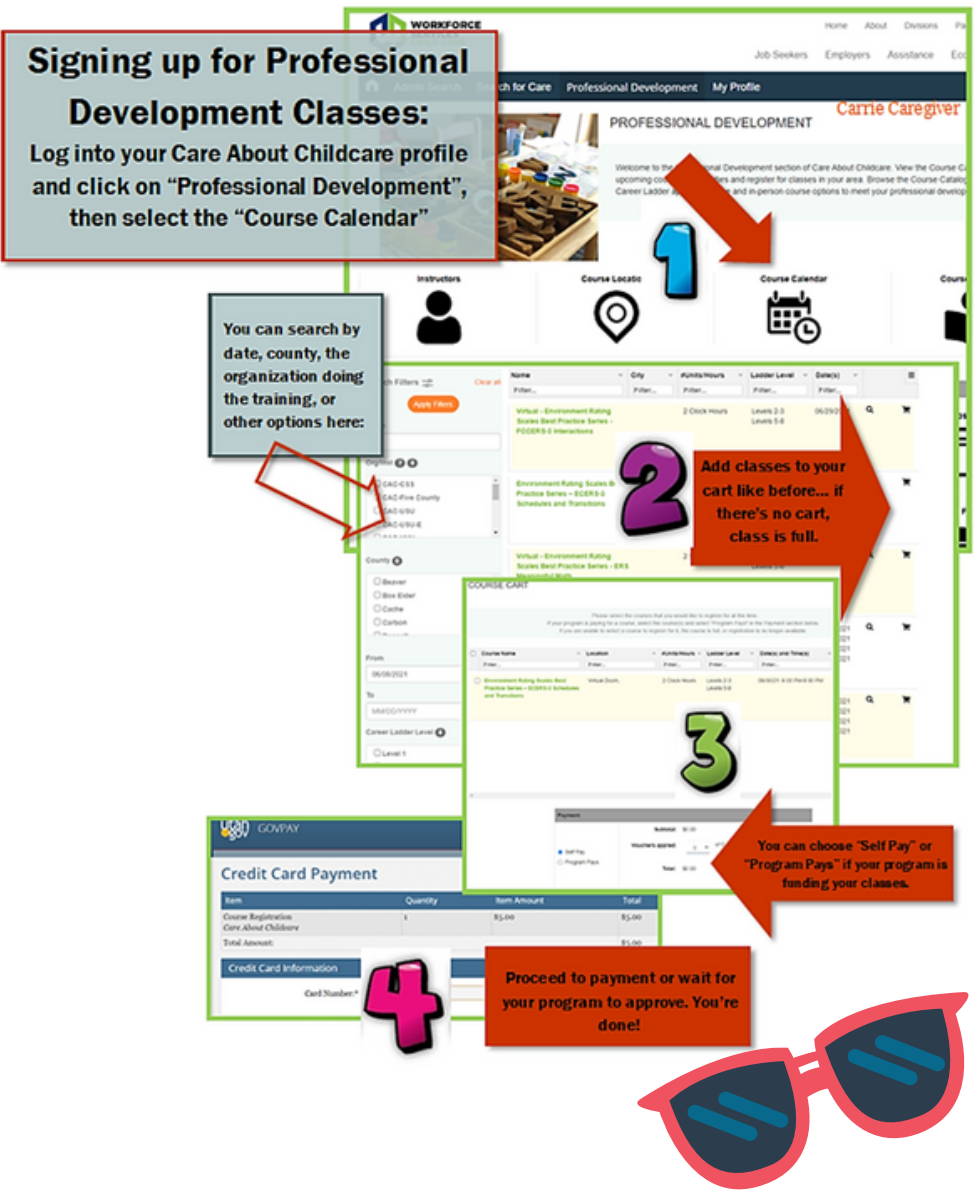
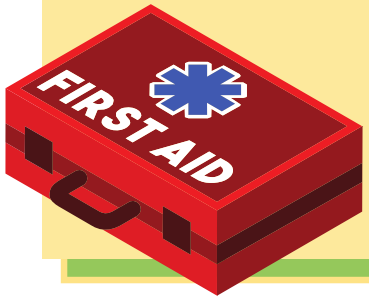


CPR/First Aid Training

Statewide/Online: American Red Cross
redcross.org/local/utah/take-a-class/cpr
435-674-4440

Beaver County:	Milford Valley Hospital 435-387-2411 ext. 4
Garfield County:	Garfield Memorial Hospital 435-676-5496
Iron County:	Valley View Medical Center 435-868-5496
Millard County:	Brandon Woods 801-920-5548
Sanpete County:	Gunnison Valley Fire Dept 435-813-2572 Gunnison Valley Hospital 435-528-2156
Sevier County:	Diane Barney 435-896-5103
Washington County:	Dixie Applied Tech College 435-674-8641 Claudia Zundel 435-467-9556 Ridgeview CPR Patty Hanson 435-862-8965 EMS Safety Cheryl Ashcraft 435-229-5086
	Wayne County Health Dept. 435-836-1316
Wayne County:	



Community Resources

Food Handlers Permit- Receive your food handlers permit ONLINE by going to: https://swuhealth.org/utah-approved-online-food-handler-courses/

New Licensee Classes- For new provider (Online) training, center rules, and home rules trainings

- go to: https://childcarelicensing.utah.gov/
- Click "Child Care Providers", then "Trainings"
- Pre-registration is required

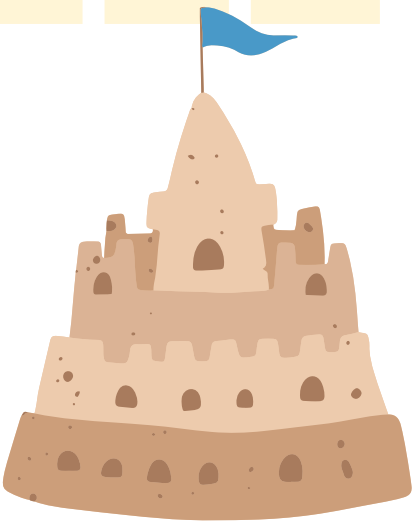
Center Director Endorsements-

- NCCA-National Administrator's Credential: https//www.upcca.info/nac-training.html
- Other Credentials and Certificates can be found at: https://jobs.utah.gov/occ/urpd/credentials.html

Class Calendar

Career Ladder Levels 1-3

Levels	Title/Description	Location	Dates	Cost	Hours
1 2-3 5-8	Creating a Preschool Curriculum- In this course particpants learn about the emotional and social development of infants and toddlers. Areas of focus include: temperaments, responsive caregiving, the caregiver's role in fostering emotional development, socialization, and guidance.	Virtual/Online Platform	August 1, 3	$5	5
1 2-3 5-8	Making Learning Fun- Training by UAEYC: Be prepared to participate and play! Gain new ideas for making learning FUN and more PRODUCTIVE by using play and emergent curriculum to teach in harmony with children.	Virtual/Online Platform	July 10, 12	$5	5
2-3	Infant & Toddler Ages & Stages- Join this course to learn how to support infant and toddlers' optimal growth and development through responsive caregiving. Participants will learn about the 5 R's of responsive caregiving (relationships, responsive interactions, routines, respect and repetition) and will practice using the 5 R's to respond to common challenging behaviors.	Virtual/Online Platform	August 22, 24, 29, 31	$5	10
2-3	Preschool Ages & Stages- Join this course to learn how to support preschool and school-age children's optimal growth and development across all developmental domains. The course starts with an overview of brain science and discusses how executive functioning skills impact children's learning and behavior.	Virtual/Online Platform	August 22, 24, 29, 31	$5	10
2-3	Healthy Care- Health and safety are the foundations of a strong early childhood program. This course focuses on the health and wellness of early childhood educators (ECEs) and provides information to help ECEs plan safe and healthy learning environments for the children in their care.	Virtual/Online Platform	September 12, 14, 19, 21	$5	10



Career Ladder Levels 5-8

Levels	Title/Description	Location	Dates	Cost	Hours
5-8	Infant & Toddler Course 2: Social & Emotional Growth- In this course particpants learn about the emotional and social development of infants and toddlers. Areas of focus include: temperaments, responsive caregiving, the caregiver's role in fostering emotional development, socialization, and guidance.	Virtual/Online Platform	July 31 August 2, 7, 9	$5	10
5-8	Family Child Care Course 1: Relationships- In this family child care course participants learn skills to help them develop the foundations of a quality home child care program. Areas of focus include: building trusting and respectful relationships with children and families, communication skills, and positive guidance.	Virtual/Online Platform	July 11, 18, 25 August 1	$5	10
5-8	Family Child Care Course 3: Developmental Learning Goals- In this family child care course participants learn methods of supporting the developmental needs of children in the areas of: social and self awareness; physical, cognitive, and language development; and creativity. Emphasis will be placed on working with children in mixed-age groups.	Virtual/Online Platform	July 18, 20, 25, 27	$5	10
5-8	Unlocking the Creative Mind- In this course participants will learn the value of creative art, dramatic play, creative movement, music and dance, and the important roles they play in a young child's life	Virtual/Online Platform	September 23, 30	$5	10
5-8	Director's Toolbox Course 2: From the Inside out and Making the most of meetings- This course covers the power of reflection and self-awareness as it applies to setting direction for your center. It also teaches how to facilitate effective meetings.	Virtual/Online Platform	August 14, 16, 21, 23	$5	10
5-8	School Readiness Course 3: Mathmatics and Science- This course is based on the Utah Early Learning Standards: Ages Three to Five that were approved by the Utah State Board of Education in May 2020. This course covers two content areas: Mathematics and Science.	Virtual/Online Platform	August 22, 24, 29, 31	$5	10

WORKFORCE SERVICES
CHILD CARE

Professional Development System Participant Code of Conduct for Career Ladder Approved Live Virtual Care About Childcare Courses

Punctuality/Attendance: I understand that my face must be visible in the virtual classroom by sharing my webcam at or before the time scheduled for class to begin in order to obtain Career Ladder credit for the class. I recognize that arriving at least five minutes early to ensure technology is working is helpful to prevent a delay in starting class on time. If I arrive after the time class is scheduled to begin, I may be able to use the time I was in attendance for other training credit, but I will have to repeat the full session to receive Career Ladder credit for the course. This includes returning on time from breaks and lunch. Class will begin when the instructor determines it is time to start. I understand that if I am not present during the entire class session, I will not receive Career Ladder credit for the session and will have to repeat the session in order to receive Career Ladder credit.

Attending in Groups: In order to ensure a high-quality learning experience for all enrolled, I understand that only one participant is allowed to join per smart phone device, and only two participants are allowed to join per tablet, laptop or desktop computer.

Disruptive Behavior: I recognize that expectations of appropriate attire and appropriate behavior in live, virtual courses mirror the expectations of in-person courses. I will be respectful to all personnel that support the Professional Development System including Care About Childcare (CAC) staff, Utah Registry for Professional Development (URPD) staff and Office of Child Care (OCC) staff. I will not use obscene, profane, threatening, discriminatory, harassing or abusive language. During class, I will remain in a stationary location, will be respectful to the instructor and others in attendance during each class session, and will refrain from disruptive behavior. I will leave my microphone on mute when I am not speaking to prevent potential background noise from disrupting the class. During breaks I will mute my microphone and turn off my camera. I will attentively participate in class. I will not text message, engage in social media or make cell phone calls during class time. I will not allow food, drink or the presence of pets to become disruptive or distracting to the instructor or other class participants. I understand that consuming alcohol during the live, virtual course is prohibited.

Illegal Activity/Health & Safety: I understand that any illegal activity, including behavior that threatens the health or safety of the instructor or other participants before, during or after class will be cause for my immediate expulsion from class, and my privilege to participate in CAC courses and receive financial support and incentives from URPD may be permanently revoked. I understand that such behavior may be cause for intervention by law enforcement and/or other legal action. This includes using technology while operating a motor vehicle. I understand that I may be excluded from the virtual classroom if my condition prevents me from participating or is disruptive to the class environment.

Children: In order to ensure a productive adult learning environment and minimize distractions, I understand that children are not permitted to be in the same room while I participate in the live, virtual course. I understand that due to certain host agencies' regulations regarding breastfeeding, the instructor may make exceptions for mothers who need to quickly nurse during a course, as long as the infant is not disruptive.

Class Roll: I understand that in order to receive Career Ladder credit for each class session, it is my responsibility to keep my webcam on at all times that the class is in session, other than during breaks. I understand that failure to do so will result in my not receiving Career Ladder credit for the class session.

Confidentiality: I understand that confidentiality is extremely important. I understand that I must keep all names and other identifying information confidential when I am relating a story during class or asking for guidance regarding certain issues. I also understand that it is my responsibility to keep sensitive issues discussed during class in confidence and not discuss it with family or friends outside of the classroom setting. Due to confidentiality these classes will not be recorded.

Refunds: I understand that class registration fees are non-refundable. I understand that if I notify the host training agency a minimum of three days in advance that I am unable to attend a course for which I am registered, my registration fee may be able to be credited toward another CAC class. I understand that it is my responsibility to contact the host training agency to make these arrangements.

Accommodations: I understand that if I would like to request an accommodation, I should contact the host agency of the class I plan to attend directly. The host agency is listed on the CAC training calendar in the course details, under "Organization/Institution."

Non-Compliance: I understand that if the rules outlined within this Code of Conduct are not followed, a violation may be officially recorded with CAC and URPD. I will be allowed one officially recorded violation as a warning. I understand that upon the second such violation, I will be suspended from participation in CAC courses and receiving financial support and incentives from URPD for one year from the violation date. I understand that upon the third such violation or the first incident of illegal activity (including threatening or intimidating behavior), my privilege to participate in CAC courses and receive financial support and incentives from URPD may be permanently revoked.

Print Name _____

Signature _____ Date _____